



December 9, 2016/9 Kislev 5777

Dear Shir Tikvah:

I'd like to invite you to do something radical.

Radically Talmudic.

Centuries ago, Rabbi Meir taught, "We must say 100 blessings every day."

In our current world, it is easy to focus all our time on all the brokenness around us; indeed, in my lifetime, I've never been as concerned about the state of our nation and our planet as I am today. As a synagogue, I'm grateful that we will continue to lift our moral voice for the most vulnerable and work to repair the broken breaches in society.

And... it would be easy-too easy-to get swept up into a storm of despair.

Or worse: apathy.

So this Shabbat-and every Shabbat for the conceivable future-I invite us to live into Rabbi Meir's teaching: From sundown on Friday to Sundown on Saturday, to say 100 blessings.

For the concrete thinkers-count away!

For the more abstract thinkers-approximate!

And seriously. 100 blessings. Fill your mind, your intention, your heart, your Shabbat each week with blessings and gratitude.

Thank YOU for the sunshine.

Thank YOU for the snow.

Thank YOU for this beautiful Shir Tikvah community.

Thank YOU for Shabbat.

There.

I started it for you.

96 more to go.

Shabbat Shalom,  
Michael